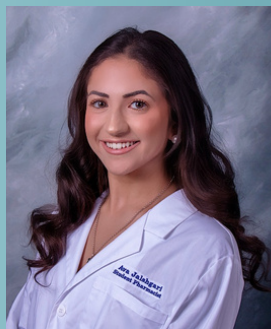




# APhA-ASP Regional Officer Elections

## Candidate for Regional Delegate - Region 1



## Ava Jalshgari

Touro College of Pharmacy

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## Previous Leadership and Experience

Previous leadership experience on the local levels: President of American Society of Consultant Pharmacists (Current; 2024-2025), President-Elect of American Society of Consultant Pharmacists (2023-2024), Secretary for Touro College of Pharmacy's Student Government Association (2023-2024), Legislative Co-Chair of Student National Pharmaceutical Association (2023-2024), Admissions Ambassador of Touro College of Pharmacy's Admissions Team (2022-Current)

Leadership experience held in the APhA Academy of Student Pharmacists on the local level: President of APhA-ASP (Current; 2024-2025), Finance VP of APhA-ASP (2023-2024)

My leadership experiences have significantly shaped my preparedness to serve as an APhA-ASP Regional Officer, providing me with essential skills to support and represent the student body efficiently. As the current President of both the American Society of Consultant Pharmacists and the APhA Academy of Student Pharmacists, I have developed strong organizational and leadership skills. These roles require me to coordinate events and align our objectives with the goals of the organizations. Leading these groups has created effective communication between students and the national organizations, which are essential for a regional officer supporting various chapters. My experience as Secretary for the Touro College of Pharmacy's Student Government Association provided me with valuable skills into governance and organization. In this role, I documented meetings via Minutes, facilitated communication among different committees within Touro, and advocated for student concerns. This experience helped with my attention detail and my ability to synthesize information, essential for the regional level. As Legislative Co-Chair of the Student National Pharmaceutical Association, I strengthened my understanding of advocacy within the pharmacy field. I researched legislative initiatives and informed peers around key issues, helping them advocate for their profession. This experience highlighted the power of a single voice in influencing policy which will overall help me represent our region's interests while encouraging student participation. Serving as an Admissions Ambassador has also helped in my understanding of student engagement and recruitment. By interacting with potential students and showcasing our program's strengths, I realized the importance of mentorship. This perspective will be essential among students, encouraging a sense of community across our region.

## Talents and Skills

In May of 2022, I received my Dual Bachelor's Degree of Science in Public Health from the School of Environmental and Biological Sciences and Edward J. Bloustein School of Planning and Public Policy at Rutgers University-New Brunswick. I have experience working in a professional environment, a passion for working in the healthcare industry, a strong communications style, strong organizational skills, the ability to manage multiple tasks, working independently as part of a team, and experience in working with a diverse population.

I possess a strong passion for working in the healthcare industry which has led me to pursuing a career as a Pharmacist. I am currently a P3 student at the Touro College of Pharmacy in Times Square in addition to the Touro Graduate School of Business to earn my Master's Degree in Business Administration.

I am very successful in working independently as well as part of a team exemplified from doing research on the causes of extra-intestinal manifestations in inflammatory bowel disease. I also have the ability to manage a heavy workload as shown by my success in graduating a year earlier from undergraduate school, handling a high-stress environment conveyed through volunteering at the Emergency Room in Morristown Medical Center, and having significant organization exhibited from volunteering at the Stein Hospice Center.

## Plans as a Regional Delegate

As a Regional Officer, my goal is to utilize my leadership experiences to enhance communication between student chapters, promote APhA-ASP initiatives, and address any potential challenges within our region. I am passionate about creating an inclusive environment where all students can feel comfortable to approach me in order to help them meaningfully contribute to the profession of pharmacy.

Overall, my leadership roles have equipped me with exceptional skills in organization, advocacy, and commitment to student engagement. I am eager to use the position of APhA-ASP Regional Officer to ensure that our region continues to excel in advancing pharmacy as a whole. Together, we can strengthen our community and create a difference within our profession.

As an APhA-ASP Regional Delegate, I will enhance student pharmacist involvement by organizing regional workshops and meetings to educate students on leadership skills, establishing mentorship programs to guide new members, and creating communication platforms for sharing ideas. I would encourage local advocacy engagement through community outreach programs to help student's apply their knowledge while making contributions. Additionally, I would create an environment in which all chapters will be able implement feedback mechanisms to incorporate different perspectives. These strategies aim to empower all student pharmacists to actively participate in shaping the future of pharmacy.