



APhA-ASP Regional Officer Elections
Candidate for Regional Delegate – Region 5

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GOAL STATEMENT

As a candidate for Region 5 Regional Officer for APhA-ASP, my primary goal is to foster a collaborative environment that empowers and amplifies the voices of student pharmacists. I aim to achieve this by properly representing our region, maintaining strong communication with the APhA-ASP Policy Standing Committee and Region 5 Chapters, and ensuring our ideas and voices are effectively communicated and heard by the APhA-ASP House of Delegates, Board of Trustees, and Staff. I will strive to create an inclusive space where every student's voice feels appreciated and supported. This will be achieved through diligently working as a team with the other Regional Officer to actively listen and implement proposed ideas for our proposed policy and being a strong resource throughout the year. Ultimately, my philosophy revolves around fostering a culture of trust and support where everyone feels valued.

BACKGROUND & EXPERIENCE

I have a Leadership Development Minor. I am a member of the Donald V. Adam's Leadership Institute as well as a student representative on the Student Affairs Committee I held the Fundraising Chair and Campus Involvement Chair positions for Dance Marathon and am the current President-Elect of Drake's APhA-ASP chapter.

My experiences have helped me gain skills in problem-solving, time management, teamwork, and public speaking. While serving as President-Elect, I've planned events using time management and problem-solving skills to: determine what materials the events needed, gather proper resources, accommodate members' specific needs, communicate quickly and effectively with my team and guest speakers, and executed goals ahead of my deadlines. I also refined my public speaking skills during our monthly general meetings with the executive team and general members and during conferences and events. For my positions in Drake Dance Marathon, I collaborated with other organizations and businesses and worked to inspire them about Dance Marathon's mission to help gain support and fundraising connections. I worked to plan and execute events to encourage student involvement. These two experiences would be an asset to the Regional Officer Position because of my communication, event planning, and public speaking skills. I would be impactful in advocating for our proposed policies and preparing events such as MRM. While working to complete my Leadership Development minor and leadership institute, I've gained public speaking, self-awareness, and problem-solving skills. I've presented solutions to my peers about decreasing pharmacy burnout using an efficient, personalized model of identifying a specific problem, creating and implementing a strategy, measuring the effect of improvement, and evaluating what lessons to execute in the future. During these experiences, I've led groups by identifying problems and implementing solutions, influencing and inspiring others, creating synergy between team members, and analyzing available data for effective decision-making. These two experiences specifically would be valuable to the Regional Officer position to troubleshoot issues that affect our region.

TALENTS & SKILLS

I'm an excellent public speaker due to my leadership and education experiences. With my time in the leadership institute, leadership minor, and organizational positions, I've spent a lot of time giving presentations in front of my peers. I've also taken 3 public speaking courses at Drake University. I've taken the basic public speaking course, business public speaking, and a leadership speaking elective course. The general course gave me a strong foundation on how to give persuasive, informational, special occasion, and impromptu speeches. My leadership elective public speaking course fine-tuned my skills using proper techniques for eye contact, pace and dynamics, and hand movement. During my time, I've gained experience in a variety of different business presentations that I can apply to pharmacy such as speaking to the board of directors, along with how to tailor speeches for specific audiences, technology, and room design. I have strong interpersonal skills, a growth mindset, and excellent time management. I bring enthusiasm to a team that is contagious and love the challenge of meeting new people. I find satisfaction in breaking the ice and making a connection with people. Naturally, I'm competitive and direct it towards myself by trying to improve myself compared to who I was the week before. I know what it takes to achieve goals and know when I'm on target or not. When I have multiple responsibilities, I can balance each aspect of my life to complete my goals. I've shown this by staying resilient and achieving my personal and academic goals when I changed my major, had multiple commitments, and still will put my full effort into my commitments, including projects and relationships.

PLANS AS REGIONAL DELEGATE

As an APhA-ASP Regional Delegate, how will you extend the involvement of student pharmacists in the APhA-ASP Policy Process and advocacy initiatives beyond chapter delegates and chapter policy vice presidents?

Extending the involvement of student pharmacists past the Policy Process and advocacy initiatives is something that I want to foster within the profession. Pharmacy is currently in a revolutionary phase for our scope of practice, reimbursement, and more that will affect all student's post-graduation. While these two positions have vital roles, increasing passion for advocacy among students will cause a ripple effect that will strongly impact our futures. Initially, I want to promote more resources and ideas for chapters to facilitate policy involvement. This will occur by informing and encouraging education to the chapter's president/president-elect, chapter delegates, and policy vice presidents about pivotal pharmacy bills and issues within the profession. Having pharmacy students understand current issues and how it impacts them will facilitate awareness and hopefully, interest in being a voice for the profession. The more that people hear about these issues will result in more people will want to see change. Additionally, I want to offer ideas for chapter leaders to implement that will promote student involvement and advocacy initiatives. This could be creating specialized committees specifically for policy research and advocacy or creating mentorship between a chapter and a representative from each state's pharmacy association. Having a local resource of pharmacy advocacy expertise can encourage students to be more involved within APhA-ASP and support their communities through advocacy.